



# The Movement Centre

teaching independence ~ transforming lives of Manitoba

January 2017

## Conductive Education Rehabilitation

...It's about helping children and adults with neuro-motor disabilities gain physical mobility, functional independence and confidence... one small step at a time.

**Program has started again, and we are now back in the groove of things!**

**Lots of exciting things are happening and we're looking forward to sharing them with you in the coming months!**

**Stay tuned!**



## Moving Moments



### Meet Amy...

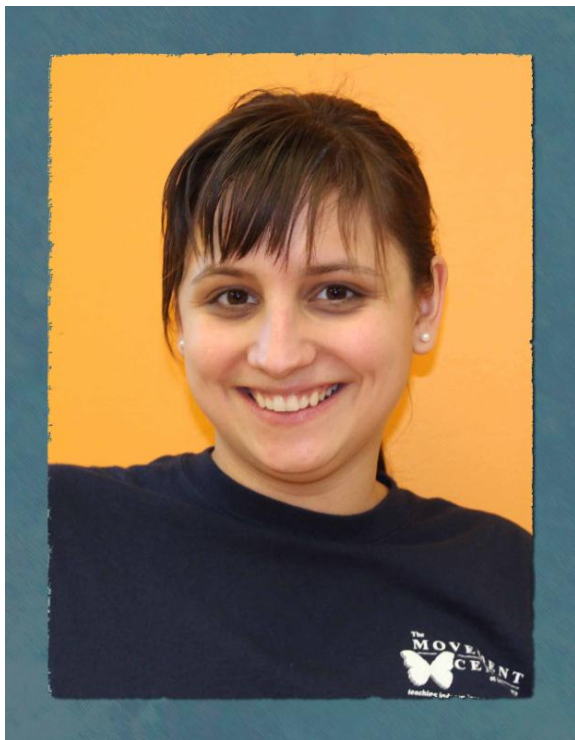
Amy has cerebral palsy. When she was 10 years old, her mom Charlene brought her to The Movement Centre. Up to that point she had been getting her sustenance via a feeding tube.

Amy worked extremely hard to learn to eat, and that hard work was rewarded! Her feeding tube was removed right here at The Movement Centre in 2008! Since then, she has been using Conductive Education rehabilitation methods to continue to eat. Amy has also conquered independent mobility on the floor by rolling and scooting on her back.

Walking in her walker and using multiple methods of communication are just a couple of Amy's current goals. She loves the social aspect of her classes and enjoys her time at The Movement Centre every week. Although it's hard work, Amy is always up to the challenge with a bright smile and a positive attitude!

Your generous financial support makes Conductive Education rehabilitation possible for individuals like Amy. To learn more about The Movement Centre of Manitoba, or find out how you can help, visit our website [HERE](#).

## Welcome to Our New Conductors!



### Monika Juhasz, Conductor QCS

Monika joined The Movement Centre of Manitoba in November of 2016, after graduating from the International Pető Institute of Conductive Education in Budapest, Hungary. She's been making herself indispensable since her arrival!

"I studied at the International Pető Institute of Conductive Education for four years in Budapest, Hungary. After graduation I spent the summer amongst young adults with cerebral palsy, leading a summer camp in Visegrád, Hungary.

My adventure in Canada begins with The Movement Centre and its very capable and supportive team, where I believe I can improve myself and work with various aged clients."



### Eniko Fonyodi, Conductor QCS

Eniko graduated from the International Pető Institute of Conductive Education in Budapest, Hungary. She joined The Movement Centre in December 2016 and has already become an integral part of team!

"I studied and graduated in Budapest, Hungary at the International Pető Institute of Conductive Education. I have learned a lot from great conductors there and also from all the amazing clients.

I believe in CE. It is based on a simple thesis that a human brain is capable of more than we might think. Now brain plasticity/neuroplasticity is scientifically supported and the whole method is built around this. Hard work, patience, achievements."

## Upcoming Events

### Winn\$tock 2017

On Friday, April 7, join over 700 fans from Winnipeg's business community as colleagues and friends trade in their smartphones for musical instruments and take to the stage to compete in the 13th Annual Winn\$tock Battle of the Bands!

**Get Involved! Buy tickets, volunteer, donate a prize, or become a sponsor!**

[www.winnstock.ca](http://www.winnstock.ca) (being updated regularly)



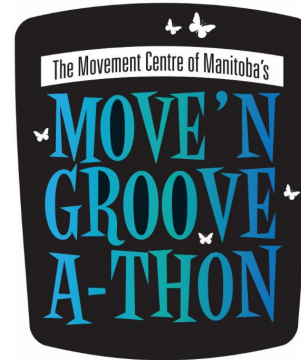
## Move 'N Groove-a-Thon 2017

Move 'N Groove-a-Thon is an all-abilities 5-hour dance relay on Saturday, May 13th at the University of Manitoba. It's a celebration of physical mobility, increased confidence and functional independence through Conductive Education rehabilitation.

**Get Involved! Create a team to collect pledges, volunteer, donate a prize, or become a sponsor!**

[www.movengrooveathon.com](http://www.movengrooveathon.com)

[Move 'N Groove Sponsorship Package](#)



PRESENTED BY  


## Parachute Party!



Morgan got her very own Parachute Party with The Movement Centre staff during one of Winnipeg's most recent blizzards!

Bringing out the parachute is not only fun and exciting, it uses Conductive Education rehabilitation to teach Morgan about balance, proper grip, and encourages her to use her voice during the game.

Plus, Parachute Parties never get old!!



- An **ENORMOUS** thank you to **LUSH Cosmetics**, who donated **\$10,000** to The Movement Centre in order for us to make some much needed improvements to our waiting area, and for equipment for our programs. Watch out for some great improvements over the next few months as we paint, acquire new couches and chairs for the reception area, and purchase new program equipment! Visit the Lush website [HERE](#).
- Thank you to all the amazing individuals who generously donated to The Movement Centre in December! Every penny counts, and we are so very thrilled to report that over the past month **\$15,350** was donated to our Centre!

---

# wishlist

The Movement Centre is always looking for items to improve our programs. If you have any of the items below, and would like to donate them to the Centre, feel free to drop them off during our regular operating hours. This is just one of the ways you can help!

- iPads for classrooms
- iTunes gift cards
- Laptops
- Phillips Hue Smart LED light bulbs
- Craft supplies

## Important Dates

- Winter Program Start - Monday, January 9
- **Louis Riel Day - Monday, February 20 (closed)**
- Winter Program End - Friday, March 31
- Spring Program Start - Monday, April 3
- Winn\$tock 2017 - Friday, April 7
- **Good Friday - Friday, April 14 (closed)**
- Move 'N Groove-a-Thon 2017 - Saturday, May 13
- **Victoria Day - Monday, May 22 (closed)**
- Spring Program End - Saturday, June 17

# How Can You Help?

- [Volunteer](#) at one of our fundraising events (Winn\$tock, Move N' Groove, Annual Golf Tournament, etc...)
- Create a fundraising event for us (contact the office for more details)
- Donate (click the **Donate Now** button to be taken directly to our CanadaHelps donation page)

The Movement Centre of Manitoba is a non-profit charitable organization in constant need of funding support. Your support and generosity are greatly appreciated.

[Donate Now](#)

Registered Charity #867999898RR0001



FOLLOW US ON SOCIAL MEDIA

The Movement Centre of Manitoba Inc. | 1646 Henderson Hwy, Winnipeg, Manitoba R2G 1N7  
Canada

[Unsubscribe](#)

[Update Profile](#) | [About our service provider](#)

Sent by margy@movementcentre.ca in collaboration with

**Constant Contact** 

Try it free today