

NAME	TELEPHONE	PAYABLE TO
		The Movement Centre of Manitoba

NOTES

THE ESSENTIALS

Grocery												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Chefs Plate	7%	\$50 >		\$100 >		\$150 >						
Extra Foods,Real Canadian Superstore,Wholesale Club	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
HelloFresh	7%	\$50 >		\$100 >		\$150 >						
Instacart	3%	\$25 >		\$50 >								
M&M Food Market	3%	\$25 >		\$50 >								
Sobeys, IGA, Safeway	3%	\$25 >		\$50 >		\$100 >		\$250 >				

Gas												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Esso, Mobil	2%	\$25 >		\$50 >		\$100 >						
Petro-Canada™	2%	\$10 >		\$20 >		\$25 >		\$50 >		\$100 >		
Shell	2%	\$25 >		\$50 >		\$100 >		\$500 >				

OTHER CATEGORIES

Restaurant & Coffee												
Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
A&W	4%	\$10 >		\$25 >								
Applebee's	4%	\$25 >		\$50 >								
BarBurrito	10%	\$25 >										
Boston Pizza	5%	\$25 >		\$50 >		\$100 >						
DoorDash	4.5%	\$25 >		\$50 >								
Earls Kitchen + Bar	5%	\$25 >		\$50 >								
Edo Japan	5%	\$25 >		\$50 >		\$100 >						
JOEY	6%	\$25 >		\$50 >								
Kelseys, Elephant & Castle, Harvey's, Montana's BBQ & Bar, New York Fries, Original Joe's, State & Main, The Ultimate Dining Card	5%	\$10 >		\$25 >		\$50 >		\$100 >				
Kentucky Fried Chicken,Pizza Hut,Taco Bell	3%	\$25 >		\$50 >								
McDonald's®, McCafé	2.5%	\$10 >		\$20 >		\$25 >		\$50 >				
Moxie's Grill & Bar	10%	\$25 >		\$50 >		\$100 >						
Pizza Pizza	10%	\$10 >		\$25 >		\$50 >		\$100 >		\$500 >		
Red Lobster	5%	\$25 >										
Starbucks	3%	\$5 >		\$25 >								
SUBWAY®	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$500 >		
Thai Express	4%	\$25 >		\$50 >		\$100 >						
The Canadian Brewhouse	8%	\$25 >		\$50 >		\$100 >						

Restaurant & Coffee (Continued)

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
The Keg Steakhouse + Bar	5%	\$25 >		\$50 >		\$100 >						
The Old Spaghetti Factory	5%	\$25 >		\$50 >								
Tim Hortons	2%	\$15 >		\$25 >		\$50 >		\$100 >				
Uber Eats	2.5%	\$10 >		\$25 >		\$50 >						
Wendy's	3%	\$10 >		\$25 >		\$50 >						

Apparel

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Aerie	6%	\$25 >		\$50 >		\$100 >						
ALDO	10%	\$25 >		\$100 >								
American Eagle®	6%	\$25 >		\$50 >		\$100 >						
Claire's	4%	\$20 >										
Gap, Baby Gap, Banana Republic, Old Navy	5%	\$25 >		\$50 >		\$100 >						
H&M	3.5%	\$25 >		\$50 >		\$100 >						
Harry Rosen	5%	\$100 >										
La Senza, La Senza Express	7%	\$25 >		\$50 >								
La Vie en Rose, Bikini Village	8%	\$25 >		\$50 >								
Mark's	7%	\$25 >		\$50 >		\$100 >						
Roots, Roots Kids	10%	\$25 >		\$50 >		\$100 >		\$250 >				

Business & Office

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Staples	3%	\$25 >		\$50 >		\$100 >		\$200 >		\$500 >		

Children & Toys

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Build-A-Bear Workshop®	7%	\$25 >										
Mastermind Toys	3.5%	\$25 >		\$50 >		\$100 >						
Scholar's Choice	5%	\$25 >		\$50 >								
The Children's Place	8%	\$25 >		\$50 >		\$100 >						
Toys "R" Us, Babies "R" Us	2%	\$25 >		\$50 >		\$100 >						

Department Stores

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Amazon.ca	2%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
Dollarama	3%	\$10 >		\$25 >		\$50 >						
Giant Tiger	3%	\$25 >		\$50 >		\$100 >						
Nordstrom, Nordstrom Rack	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
The Bay	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
Walmart	3%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		
WINNERS, HomeSense, Marshalls, TJX Canada	6%	\$10 >		\$25 >		\$50 >		\$100 >		\$250 >		

Electronics

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
Best Buy	1.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
The Source	2%	\$25 >		\$50 >		\$100 >						

Entertainment

Retailer	%	\$	QT	\$	QT	\$	QT	\$	QT	\$	QT	Total \$
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Entertainment (Continued)

<i>Retailer</i>	<i>%</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>Total \$</i>
Chapters, Indigo	5%	\$10 >		\$25 >		\$50 >		\$100 >				
Cineplex	4%	\$10 >		\$25 >		\$50 >		\$100 >				
Landmark Cinemas	4%	\$25 >		\$50 >								
Twitch	3.5%	\$25 >		\$50 >		\$100 >						

Health & Beauty

<i>Retailer</i>	<i>%</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>Total \$</i>
Bath & Body Works	5%	\$25 >		\$50 >								
Fruits and Passion, Nature Collection	10%	\$25 >										
Rexall	2%	\$25 >		\$50 >								
Sephora	4%	\$25 >		\$50 >								
Shoppers Drug Mart	3%	\$25 >		\$50 >		\$100 >						

Home & Garden

<i>Retailer</i>	<i>%</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>Total \$</i>
Canadian Tire	4%	\$10 >		\$25 >		\$50 >		\$100 >				
Home Depot	3%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Home Hardware, Home Furniture	3.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Lowe's	3.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
RONA	3.5%	\$25 >		\$50 >		\$100 >		\$250 >		\$500 >		
Stokes, ThinkKitchen	6%	\$25 >										
Urban Barn	2.5%	\$25 >		\$50 >		\$100 >						

Specialty

<i>Retailer</i>	<i>%</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>Total \$</i>
Apple	3%	\$50 >		\$100 >		\$500 >						
DAVIDsTEA	3%	\$15 >		\$25 >		\$50 >						
DeSerres	5%	\$25 >		\$50 >		\$100 >						
Groupon	3%	\$25 >		\$50 >								
Kernels Popcorn	5%	\$15 >		\$25 >		\$100 >						
MOLLY MAID	4%	\$100 >										
PetSmart	4%	\$25 >		\$50 >		\$100 >		\$250 >				

Sports & Leisure

<i>Retailer</i>	<i>%</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>Total \$</i>
Cabela's	4%	\$25 >		\$50 >		\$100 >						
Foot Locker	5%	\$25 >		\$50 >		\$100 >						
Golf Town	3%	\$25 >		\$50 >		\$100 >		\$250 >				
Running Room	6%	\$25 >		\$50 >								
Sport Chek, Atmosphere	4%	\$25 >		\$50 >		\$100 >						

Travel

<i>Retailer</i>	<i>%</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>Total \$</i>
Best Western	2.5%	\$25 >		\$50 >		\$100 >						
Fairmont Hotels & Resorts, WillowStream	8%	\$50 >		\$100 >		\$250 >						
Origine artisans hôteliers	2.5%	\$50 >		\$100 >		\$250 >		\$500 >				
Uber	2.5%	\$10 >		\$25 >		\$50 >						

Others Retailers												
<i>Retailer</i>	<i>%</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>\$</i>	<i>QT</i>	<i>Total \$</i>
Garden City Shopping Centre	3%	\$25 >		\$50 >		\$100 >						
Ivanhoe Cambridge, Outlet Collection Winnipeg	3.5%	\$25 >		\$50 >		\$100 >						

TOTAL OF THIS ORDER	\$
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