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MOM'S PANTRY

Canada's Food Fundraiser

3241 St. Mary's Road, Winnipeg, Manitoba, R2N 4B4
(800) 350-MOMS (6667) • info@momspantry.ca • **momspantry.ca**
facebook.com/momspantry @MomsPantry

QUALITY FOOD & BAKING PRODUCTS CLASSIC FUNDRAISING ORDER FORM

WE ARE RAISING FUNDS FOR:

MOVEMENT CENTRE OF MANITOBA INC.

THANK YOU FOR SUPPORTING OUR FUNDRAISING DRIVE

WEBSITE UPDATE!

For a complete list of ingredients, nutritional information, and high quality product photos, please visit our website at **momspantry.ca**

EASY ONLINE ORDERING!

Simply add items to your cart, and check out using the numbers below!

ORDER NUMBER: **321935**

GROUP PASSCODE: **16159**

Important – Please complete all fields – Please print clearly

SELLER #

Mom's Pantry office use only.

BUYER

last name | first name | daytime phone number

SELLER

last name | first name | daytime phone number

PAYMENT INFORMATION

GRAND TOTAL $

TOTAL NUMBER OF ITEMS ORDERED :

Taxes already included where applicable
GST 103406435

PAYMENT METHOD

☐ Cash

☐ Cheque

☐ Credit Card

VISA AMEX MasterCard

DO NOT WRITE YOUR CREDIT CARD NUMBER ON THIS FORM.
See below for instructions.**

AUTHORIZATION #

* Please make cheques payable to your group or organization.

** For confidentiality, please call our office at 1-800-350-MOMS (6667) when paying with a credit card. We will provide you with your authorization number to enter on this form. You must still complete the order form and return it to your seller. If you are ordering online, do not submit this form or call in phone payment.

♻ Please recycle unused forms.

Forms expire: 31 December 2020

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QTY CODE PRICE TOTAL

40% GOURMET RUBS & MARINADES

Rub directly onto meat, or try mixing a few tablespoons of seasoning with ½ cup lemon juice and ½ cup olive oil. Use as a marinade, or brush onto steaks, pork chops, ribs, chicken, or shrimp skewers.

____	0101	Greek Seasoning (150 g)	$8.90
____	0104	Souvlaki Rub (70 g)	$8.90
____	0107	Turkey Rub (85 g)	$8.90
____	0111	Sweet Mango Heat (140 g)	$9.90
____	0109	Whiskey Flavour Steak Rub (150 g)	$8.90
____	0110	Kansas City Rib Rub (130 g)	$8.90
____	0112	Maple Pepper Seasoning (90 g)	$7.90
____	0113	Harissa Spice Blend (85g)	$7.90
		A fragrant Moroccan seasoning, adds zest to pasta, couscous, bean, and vegetable dishes.	
! ____	0114	Magic "BBQ" Spice (120 g)	$7.90
		Excellent all purpose BBQ seasoning, great for chicken and pork.	
! ____	0115	Herbes de Provence (40 g)	$6.90

40% BLENDS & SEASONINGS

Our Blends & Seasonings are sure to add ease and delight to your cooking experience!

____	0201	Cajun Spice (115 g)	$6.90
____	0202	Crushed Chillies (55 g)	$4.90
____	0203	Garlic Plus (100 g)	$9.90
		A garlic infused multi-purpose seasoning!	
____	0204	Hamburger Seasoning (130 g)	$6.90
____	0205	Italian Seasoning (45 g)	$5.90
____	0206	Lemon Pepper (no salt) (65 g)	$8.90
____	0207	Mom's Own No Salt Seasoning (110 g)	$8.90
		A delicious blend of spices and dehydrated vegetables, a perfect topping for any dish.	
____	0208	Montreal Chicken Seasoning (150 g)	$6.90
____	0209	Montreal Steak Spice (150 g)	$7.90
____	0210	Pizza Spice (90 g)	$6.90
____	0211	Roasted Garlic & Red Pepper (130 g)	$8.90
____	0212	Seasoning Salt (no MSG) (115 g)	$6.90
____	0213	Spaghetti Spice (80 g)	$6.90
____	0214	Taco Meat Seasoning (115 g)	$6.90
____	0215	Chipotle Fajita Seasoning (120 g)	$9.90
____	0217	Potato Seasoning (130 g)	$6.90

40% GOURMET SEA SALTS

Sea salt is a natural, gourmet substitute for regular, refined table salt. These delicious coarse sea salt blends are sure to inspire new cooking ideas!

! ____	0300	Himalayan Pink Salt (225 g)	$6.90
____	0301	Coarse Sea Salt (225 g)	$6.90
____	0302	Roasted Garlic & Sea Salt (120 g)	$8.90
____	0303	Lemon Dill Sea Salt (120 g)	$7.90
____	0304	Mediterranean Sea Salt (100 g)	$7.90
____	0305	Red Hot Sea Salt (110 g)	$7.90

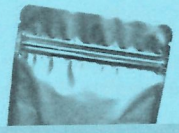
COLUMN TOTAL

QTY CODE PRICE TOTAL

40% TRADITIONAL SPICES CL

Our spices will enhance the flavour, colour, and aroma of your cuisine. Top quality, excellent value.

____	0401	Allspice, ground (70 g)	$5.90
____	0403	Basil (35 g)	$4.90
____	0404	Bay Leaves, hand picked (10 g)	$4.90
____	0405	Cayenne Pepper (60 g)	$5.90
____	0406	Celery Salt (115 g)	$5.50
____	0407	Chili Powder, Mexican (95 g)	$6.90
____	0408	Chinese Five Spice (60 g)	$6.90
____	0409	Cinnamon, ground (80 g)	$6.90
____	0410	Cinnamon Sticks 3" (80 g)	$7.90
____	0411	Cloves, ground (60 g)	$8.90
____	0412	Dill Weed (25 g)	$5.90
____	0413	Garlic Powder, granules (115 g)	$6.90
____	0414	Ginger, ground (50 g)	$5.90
____	0415	Mustard Powder (65 g)	$5.90
____	0416	Nutmeg, ground (70 g)	$8.90
____	0417	Onion Flakes (80 g)	$5.90
____	0418	Onion Powder (100 g)	$5.90
____	0419	Oregano (25 g)	$5.90
____	0420	Paprika, Hungarian (70 g)	$6.90
____	0421	Parsley Flakes (25 g)	$4.90
____	0422	Pepper, black, ground (80 g)	$6.90
____	0423	Pepper, black, whole (90 g)	$6.90
____	0424	Assorted Peppercorns (90 g) (black, green, pink, white)	$9.90
____	0425	Poultry Seasoning (60 g)	$5.90
____	0426	Rosemary, whole (35 g)	$4.90
____	0427	Sage, ground (60 g)	$5.90
____	0428	Thyme, ground (60 g)	$5.50



STAND UP RESEALABLE PACKAGING

Our dry products now come packaged in resealable stand-up pouches. More user friendly, more conveniently sized, and better for your kitchen!

40% INDIAN SPICES CL

Add the taste of India to your cuisine!

____	0501	Coriander, ground (75 g)	$5.90
____	0502	Cumin Seed, ground (95 g)	$6.90
____	0503	Curry Powder, Madras (110 g)	$6.90
____	0504	Turmeric, ground (110 g)	$6.90
____	0505	Garam Masala Blend (105 g)	$6.90
! ____	0506	Saffron (Spanish, Superior) (1 g)	$14.90

COLUMN TOTAL

QTY CODE PRICE TOTAL

40% DIP MIXES

No preservatives. No added MSG. Just mix with sour cream, cream cheese, or mayonnaise, and enjoy!

____	0601	Honey Dill Dip (250 g)	$10.90
		A Manitoba favourite. An ultimate pairing with breaded chicken.	
____	0602	Chive & Garlic Dip (110 g)	$9.90
____	0603	Dill Dip (130 g)	$9.90
____	0604	Mango Curry Dip (100 g)	$9.90
____	0606	Party Time Dip (130 g)	$9.90
____	0607	Roasted Red Pepper Dip (120 g)	$9.90
! ____	0605	Mild Mexican (130 g)	$9.90
____	0610	Guacamole Dip (110 g)	$9.90
____	0612	Sweet Chili Dip (125 g)	$9.90

40% POPPING CORN & POPCORN SEASONINGS

An excellent topper on popcorn, potatoes, chips, or vegetables.

____	1105	Mom's Own Popping Corn (600 g)	$6.90
____	0701	White Cheddar (45 g)	$6.50
____	0702	Salt & Vinegar (80 g)	$6.50
____	0703	Ranch (60 g)	$6.50
____	0704	Double Dill (75 g)	$6.50
____	0705	Kettle Corn (65 g)	$6.50
____	0707	Super Ketchup (90 g)	$6.50
____	0708	Butter Salt (65 g)	$6.50

40% BAKING SUPPLIES

All your classic baking essentials, packaged in just the right size!

____	0801	Angel Flake Coconut (300 g)	$9.90
____	0802	Baking Powder, double-action (450 g)	$7.90
____	0803	Baking Soda (450 g)	$4.90
____	0804	Corn Starch (400 g)	$5.90
____	0806	Pure Dutch Cocoa (250 g)	$10.90
____	0807	Cream of Tartar (100 g)	$5.90

40% DRIED FRUITS

Great for baking, snacking, or both!

____	1401	Banana Chips (200 g)	$5.90
____	1402	Cranberries (250 g)	$7.90
____	1403	Dates, pitted (300 g)	$6.90
____	1404	Raisins, seedless (325 g)	$7.90

LEGEND

- ! New Product
- GF Guaranteed Gluten Free
- PF Guaranteed Peanut/ Tree Nut Free
- COR Certified Kosher
- CL Clean Label Product

COLUMN TOTAL

PAGE TOTAL

QTY CODE PRICE TOTAL

SPREADS

The **#1 BEST SELLER**, our exclusive garlic spread recipe. Cholesterol free, low in saturated fat, completely trans fat free.

QTY	CODE		PRICE	TOTAL
____	1201	**Garlic Spread (440 g)**	$7.00	____
____	1202	Cinnamon Spread (440 g)	$7.00	____
____	1203	Combo Pack (440 g x 2) 1 x Garlic Spread 1 x Cinnmaon Spread	$13.00	____

PREMIUM READY-TO-BAKE TREATS

Delicious treats, from the freezer to the oven ready in 20 minutes!

Light and flaky, our strudels have the taste of homemade goodness!

QTY	CODE		PRICE	TOTAL
____	1702	Apple Strudels (24 x 95 g)	$29.90	____
____	1703	Assorted Strudels (24 x 95 g) 6 x apple strudel 6 x lemon strudel 6 x cherry strudel 6 x blueberry strudel	$29.90	____

Scrumptious fruit filling and cream cheese, enveloped in flaky puff pasty. Back to our original recipe!

QTY	CODE		PRICE	TOTAL
____	1701	Assorted Fruit Sticks (24 x 87 g) 8 x strawberry & cream cheese 8 x blueberry & cream cheese 8 x raspberry & cream cheese	$35.90	____

Absolutely decadent, these massive savoury danishes are the best of the best!

QTY	CODE		PRICE	TOTAL
____	1707	Mom's Own Savoury Bistros (12 x 110 g) 4 x margherita bistro 4 x leek & parmesan bistro 4 x spinach & feta bistro	$35.50	____

BREAD & DINNER ROLLS

Individually frozen, and partially cooked. Just choose your desired amount, and bake. No more proofing!

QTY	CODE		PRICE	TOTAL
____	2004	Assorted Crusty Rolls, pre-baked (24 per case) 7 x white (40 g each) 7 x whole wheat (40 g each) 5 x rye (50 g each) 5 x multigrain (40 g each)	$23.50	____
____	2003	Buttery Flake Rolls (36 x 45 g) Our traditional recipe. Proof and bake. Melt in your mouth, layered buttery goodness.	$26.90	____
____	2006	Mini French Baguettes (18 x 68g) Perfect for mini sandwiches or bread sticks.	$19.90	____

EASY ONLINE ORDERING

Have you wondered what our products look like? Do you have a question about an ingredient. All of this information, and more, is available online.

www.momspantry.ca

COLUMN TOTAL

QTY CODE PRICE TOTAL

MOM'S FAMOUS BAKERY

Our most popular croissant! Made in the authentic French style with 100% real butter. Pre-proofed and pre-glazed, from your freezer to your oven in 30 minutes!

QTY	CODE		PRICE	TOTAL
____	2400	Perfect Butter Croissants (24 x 78 g)	$39.90	____

Croissants made with a margarine blend. Proof from frozen then into your oven!

QTY	CODE		PRICE	TOTAL
____	2401	Curved Margarine Croissants (24 x 71 g)	$28.90	____

Complete our famous cinnamon rolls, below, with a delicious frosting made with real cream cheese.

QTY	CODE		PRICE	TOTAL
____	2402	Cinnamon Rolls (24 x 71 g)	$28.00	____
____	1305	Cream Cheese Icing (907 g plastic tube)	$15.00	____

These massive filled croissants are sure to be a hit with your family. Imported directly from France!

QTY	CODE		PRICE	TOTAL
____	2405	Gourmet Chocolate Hazelnut Croissants (12 x 90 g)	$30.90	____

TART & PIE SHELLS

Both tart shells and pie shells come unbaked and unsweetened. Perfect for your holiday baking needs.

QTY	CODE		PRICE	TOTAL
____	1901	2" Tart Shells (80 x 16 g)	$29.90	____
____	1902	3" Tart Shells (90 x 19 g)	$32.90	____
____	1903	9" Pie Shells (15 x 170 g)	$39.90	____
____	1904	9" Pie Lids (15 x 142 g)	$27.90	____

Try our 5" shell & lid combo. Perfect for meat pot pies, or mini tourtières!

QTY	CODE		PRICE	TOTAL
____	1905	5" Pie Shell & Lid Combo Pack (24 of each)	$39.90	____

Complement any size tart shell with our customer favourite butter tart filling mix!

QTY	CODE		PRICE	TOTAL
____	1351	Butter Tart Filling Mix (500 g) An easy to use, one-step mix. Simply add hot water, stir, and fill Mom's Own Tart Shells.	$12.90	____

MOM'S OLDE TEA SHOPPE

Featuring HotCups loose tea selections. (40g / loose tea, makes approx. 20 cups)

QTY	CODE		PRICE	TOTAL
____	2126	White & Green Tea Lychee One of our most desired loose leaf teas. Mild taste of lychee with white tea.	$14.90	____
____	2127	Almond & Cherry Xplosion Almond and cranberry join hands to bring you this tea with exploding flavours.	$14.90	____
____	2128	Herbal Witch Blend Truly your peppermint fix. Perfect tea blend for festive days, blended with orange peel, apple pieces, and peppermint.	$14.90	____
____	2129	Death by Cocoa Black tea leaves from farms in India and Cocoa nibs from remote places in Ghana.	$14.90	____
____	2130	Matcha (Product of Japan) (20g / powder) Matcha is premium green tea powder from Japan used for drinking as tea or as an ingredient in recipes.	$14.90	____
____	2131	Mountain Tea (Product of Greece) (50g) Greek Mountain tea, also known as "Shepherd's Tea" is a naturally caffeine-free herbal tea infusion made from dried flowers leaves and stems of the Sideritis plant.	$9.90	____

COLUMN TOTAL

QTY CODE PRICE TOTAL

OLD-FASHIONED COOKIE DOUGH & MUFFIN BATTER

Back to our original recipes, just like you remember. Now completely trans fat free!

Cookies
Scoop & Bake. 3lb tubs. Can be refrozen.

QTY	CODE		PRICE	TOTAL
____	1501	Chocolate Chunk	$20.00	____
____	1502	White Chocolate Macadamia Nut	$20.00	____
____	1503	Rainbow Chocolate (M&M's)	$20.00	____
____	1506	Double Chocolate Chunk	$20.00	____
____	1507	Shortbread	$20.00	____
____	1508	Ginger Snap	$20.00	____
____	1509	Cranberry White Chocolate	$20.00	____
____	1514	Honey Oatmeal Raisin	$20.00	____
____	1515	Chocolate Sea Salt Caramel	$20.00	____

Muffins
Scoop & Bake. 3lb tubs. Can be refrozen.

QTY	CODE		PRICE	TOTAL
____	1601	Blueberry Passion	$20.00	____
____	1602	Banana Dream	$20.00	____
____	1603	California Carrot	$20.00	____
____	1604	Lemon Poppyseed	$20.00	____

MOM'S OLDE TEA SHOPPE (CONT.)

Featuring the Bigelow tea line & Malcolm's hot chocolate.

28 tea bags per box except the variety packs
30% more tea than before, at a lower price!

QTY	CODE		PRICE	TOTAL
____	2125	Assorted Tea Variety Pack (64 tea bags) 8 x constant comment, 8 x earl grey tea 8 x english tea time, 8 x lemon lift 8 x green tea, 8 x cozy chamomile 8 x mint medley, 8 x orange spice	$27.00	____
____	2117	Assorted Green Tea Variety Pack (64 tea bags) 8 x green tea, 8 x earl grey green tea 8 x decaff green tea, 8 x green tea w/ lemon 8 x green tea w/ mint, 8 x constant comment 8 x green tea w/mango, 8 x green tea w/ peach	$27.00	____
____	2118	English Breakfast Start your day with a rich bold robust cup of tea.	$9.90	____
____	2119	Lemon Lift Tea and Lemon, the perfect pair!	$9.90	____
____	2120	Earl Grey We are adamant about using only the best bergamot oil. Sourced from the same garden in Calabria, Italy year after year.	$9.90	____
____	2121	Peppermint Peppermint is known to help calm the stomach and is good for overall digestion.	$9.90	____
____	2122	Green Tea What makes ours so special is hand-picked from high elevation gardens.	$9.90	____
____	2123	Cozy Chamomile Chamomile is good for you, both soothing and relaxing. No better way to wind down.	$9.90	____
____	2124	Sweet Dreams Our blend of chamomile and mint leaves will calm your nerves and soothe your soul.	$9.90	____
____	2116	Malcolm's Hot Chocolate (400 g) Delicious Premium Hot Chocolate. Milk Chocolate flavour, made with real Dutch cocoa!	$9.90	____

COLUMN TOTAL

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QTY CODE PRICE TOTAL

30% POUTINERIE

Make your own poutine from scratch with these authentic and delicious ingredients!

____	1010	Montreal Poutine Sauce (200 g)	$7.90 ____
____	3001	White Cheddar Cheese Curds (300 g)	$11.90 ____
____	3002	Straight Cut Skin-On French Fries (2.27 kg)	$9.90 ____

30% PIZZA SHOP

Just add your favourite toppings to our frozen crusts, and bake for 10-15 minutes. New and improved recipe!

____ 2901 Mom's Own Pizza Crusts (8 x 12") $34.50 ____

Want to get a little more creative? Try rolling your own crust with our brand new dough balls. Or forget the pizza, and create something entirely original from scratch!

____ 2900 Dough Balls (4 x 450 g) $15.00 ____

Looking for something even easier? Our superb mini-calzone style pizza snack. Just pop them in the microwave and they're done!

____ 2902 Panzerotti Pizza Snacks (3 x 935 g) $29.90 ____
Pepperoni & Cheese
About 11 snacks per 935 g bags

! ____ 2904 Individual 5" Cheese & Pepperoni Pizzas (16 x 85 g) $27.90 ____

20% *On a restricted diet? Our brand new gluten free pizza crusts come on their own individual baking sheets to prevent cross contamination.*

! GF ____ 2903 Gluten Free Pizza Crusts (4 x 12") $29.90 ____

20% SPRING ROLLS & SAMOSAS

Approximately 50 spring rolls (1.1 kg per case)

____ 2801 Mini Veggie Spring Rolls $36.00 ____

____ 2802 Mini Chicken Spring Rolls $36.00 ____

30% *Our samosas are authentic and handmade with the highest quality ingredients. Comes with tamarind dipping sauce.*

____ 2803 Samosas, vegetable with tamarind sauce (12 x 65 g) $22.00 ____

30% PIEROGIES

Approximately 200 to 220 pierogies per case (6 x 1 kg) (approx $2.00 per dozen).
Homemade recipe. The thinnest, softest dough in the industry.

____ 2601 Potato & Cheddar Cheese $36.00 ____

! ____ 2602 Potato & Cheddar & Bacon $37.00 ____
With 100% REAL bacon!

____ 2603 Assorted Pierogies $38.00 ____
(3 bags of each variety above)

20% PREPARED MEATS

Oven-ready meat products, quick and easy.

____ 2704 Chicken Tender Strips (2 kg, breaded) $39.90 ____

____ 2705 Italian Meatballs (5 lb) $39.90 ____
½ oz fully cooked meatballs, Approximately 160 per case

COLUMN TOTAL

QTY CODE PRICE TOTAL

20% FRUITS, VEGGIES, & PROTEIN POWDER

Our gourmet fresh fruit and vegetable mixes.
No added ingredients or preservatives.
Individually flash frozen for maximum freshness!
(All mixes packaged in 1 kg bags)

____ 2204 Mom's Fruity Mix (1kg) $13.90 ____
Banana, strawberries, blueberries.
(Formerly Smoothie Mix)

____ 2205 Antioxidant Blend (1kg) $18.90 ____
Blueberries, raspberries, cherries, strawberries, cranberries, blackberries, saskatoon berries.

____ 2211 Fiesta Fruit Blend (1kg) $12.90 ____
Blackberries, strawberries, peaches.

! ____ 2212 Unflavoured Whey Protein Powder (250g) $14.90 ____
Fuel your personal health and fitness goals with our whey protein powder, an excellent source of protein for all ages. Pairs great with our frozen fruit mixes.

30%

____ 2206 Teriyaki Stir-Fry Mix $11.90 ____
Whole green beans, broccoli florets, onions, sugar snap peas, red peppers.

____ 2207 Fajita Mix $10.90 ____
Onion strips, red, green, and yellow pepper strips.

____ 2210 Stir-Fry Supreme $14.90 ____
Broccoli, sugar snap peas, baby corn, red peppers, yellow peppers, onions.

30% SUPERFOODS CL

Delightfully natural & healthy superfoods.

____	2501	Hulled Hemp Seeds (190 g)	$12.90 ____
____	2502	Organic Black Chia Seeds (300 g)	$12.90 ____
____	2503	Organic Quinoa (450 g)	$9.90 ____
____	2504	Tri-colour Organic Quinoa (450 g)	$12.90 ____
____	2510	Flax Seed, whole (450 g)	$5.90 ____

30% TASTE OF GREECE CL !

Our selection of premium products imported from Greece.

____	2520	Lais Extra Virgin Olive Oil (500 ml)	$19.90 ____
____	2521	Unique Extra Virgin Olive Oil (500 ml)	$19.90 ____
____	2522	Garlic Infused Olive Oil (250 ml)	$15.90 ____
____	2523	Lemon Infused Oilve Oil (250 ml)	$15.90 ____
____	2540	Spicy Mix Olives (250 g)	$10.90 ____
____	2541	Lemon Mix Olives (250 g)	$10.90 ____
____	2542	Orange Mix Olives (250 g)	$10.90 ____
____	2543	Colossal Kalamon Olives (250 g)	$10.90 ____
____	2550	Pine Honey (290 g)	$15.90 ____
____	2131	Mountain Tea (50 g)	$9.90 ____

YOUR PURCHASES MATTER! %

Look for this symbol to see how much your group benefits from each purchase!

COLUMN TOTAL

QTY CODE PRICE TOTAL

40% TRADITIONAL GRAVY & SOUP BASES

Easy to make, old-fashioned homemade quality.
Just add water & heat for a delicious soup or gravy.

Traditional Soups & Gravies

____	1001	Beef Gravy Base (450 g)	$8.90 ____
____	1002	Chicken Gravy Base (450 g)	$9.90 ____
____	1003	Beef Soup Base (450 g)	$8.50 ____
____	1004	Beef Soup Base, no added MSG (450 g)	$9.50 ____
____	1005	Chicken Soup Base (450 g)	$8.50 ____
____	1006	Chicken Soup Base, no added MSG (450 g)	$9.50 ____

Gourmet Soups

____	1007	French Onion Soup Base (200 g)	$9.90 ____
____	1009	Cream of Potato Soup Base (225 g)	$9.90 ____

40% GLUTEN FREE & SODIUM REDUCED INSTANT MIXES AND BASES

We cut the salt, not the taste. No gluten, no added MSG, no trans fat, no artificial colours or flavours.

GF	____	0902	Poultry Gravy Base (200 g)	$9.90 ____
GF	____	0903	Brown Gravy Base (200 g)	$9.90 ____
GF	____	0904	Chicken Soup Base (200 g)	$9.90 ____
GF	____	0905	Beef Soup Base (200 g)	$9.90 ____

30% DINNER IDEAS

No category can contain these delicious selections!

IDAHOAN *Famous Idaho Grown potatoes!*

GF ____ 0951 Idahoan Scalloped Potatoes (577 g) $15.90 ____
A generous family sized serving of a dinner classic! Guaranteed trans fat and gluten free.

! ____ 0953 Mom's Cheese Sauce (220 g) $9.90 ____
100% real cheese sauce, mix with water and butter and add to any noodle/pasta dish.

40% DRIED GRAINS, BEANS, & LEGUMES CL

Combine these ingredients with Mom's Own Chicken or Beef Soup Base for a rich and hearty bowl of your favourite soup.

____	1101	Pearl Barley (600 g)	$6.90 ____
____	1102	Green Split Peas (600 g)	$5.90 ____
____	1104	Vegetable Flakes (120 g)	$5.90 ____
! ____	1103	Organic 15 Bean & Lentil Soup Mix (600 g)	$13.90 ____

30% CLING FILM

In a class of its own, at 12" x 1000'.

____ 5001 Cling Film Wrap $27.90 ____

ALLERGY ALERT

To help lower risk to your family, we no longer carry any products with peanut ingredients.

However, unless otherwise noted, please be aware that our products may contain trace amounts of peanuts, nuts/tree nuts, sesame seeds, milk, egg, and/or wheat. Please use your discretion when ordering.

COLUMN TOTAL

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