

## Donation Guidelines

An easy way to help the Movement Centre is to contribute goods. If you would like to donate any of the items listed below, feel free to drop them off during our regular operating hours (Monday – Friday, 9am – 4pm). To make donating even easier, we’ve linked some of the items below (suggestions only) to our **Amazon Wish List**. You can see our whole Wish List [HERE](#).

*Please remember to give us your contact information so that we can acknowledge your donation.*

### **Kitchen & Bathroom**

Air fresheners

[Coffee](#)

[Dish cloths](#)

[Dish soap](#)

[Dishwasher detergent](#)

[Dryer sheets \(sensitive\)](#)

[Face cloths](#)

Garbage bags ([black](#) | [kitchen](#))

[Hand soap \(refillable\)](#)

[Kitchen towels](#)

[Kleenex](#)

[Laundry detergent](#)

[Paper towel](#)

Pure white vinegar

[Recycling bags](#)

Shaklee Basic H2 cleaner

[Toilet paper](#)

[Ziploc bags \(all sizes\)](#)

### **Office**

#10 envelopes ([regular](#) | [window](#))

[Dry erase markers](#)

Elastics

[File folders](#)

Paper ([letter](#), legal, cardstock)

Paperclips

Post-it notes

Scotch tape

### **Programs/Classes**

Acrylic paint

Balloons

Batteries – [AAA](#) | [AA](#) | [C](#) | [D](#))

General craft supplies

[Glue sticks](#)

[Children’s markers](#)

Letter & number beads

Masking tape

Necklace & bracelet making craft kits

Packaging tape

Sensory beads

[Velcro](#)

### **General**

Children’s batons

Fanny pack/hip pack

Gift cards (Costco, grocery stores, hardware stores, dollar stores, iTunes, etc.)

Musical instruments

Phillips Hue Smart LED light bulbs

Pool towels

[White boards](#)

If you have any questions, feel free to contact us: 204-489-2679 | [info@movementcentre.ca](mailto:info@movementcentre.ca)

1646 Henderson Hwy, Winnipeg, MB R2G 1N7